Y: Slow TV Cinema

USER MANUAL

Praha | 8. 11. - 9. 11. 2024

LINEUP

15:30 doors 16:00 iona&rineke: Preparations 17:00 Agnese Krivade: They Have Emptied Out My Shoulder 18:00 Dries Verhoeven: Gently Down the Stream 19:00 T.I.T.S. performance group: Self Love 20:00 Kateř Tureček: this is not fine 21:00 lobbyboy&saab900turbo: Macocha 22:00 Guiot Duermeijer: Social Womhole 23:00 Jānis Šneiders: Resonant Cavity 00:00 Oskar Helcel: Study of Riding Shared E-Scooter no.4 01:00 Venuri Perera: See You See Me 3.0 02:00 Laura Stasane: Sweet is the Island Breeze 03:00 Jan Frič: Last Summer 04:00 alaa minawi: untold 05:00 Mailo Mēness: Saullēkts Nākotnē / Future Sunrise 06:00 Ikars G & Karu T: day, today, to day 07:00 Katrīna Rudzīte: The Steps 08:00 BUI: Longing for the Sea 09:00 Dzintars Krūmiņš: Lazy Day 10:00 Bára Bažantová & Adam Smrekovský: Play the Fiddle 11:00 Shar&Kiek: Laminate 12:00 Tamara Moyzes & Shlomi Yaffe: Goddes Lacteria: Visualizing Scholar Voices Katrīna Rudzīte: The Steps 13:00 Kirils Ēcis & Guna Zariņa: Es Šodien Neko Neizdarīju / I Did Nothing Today 14:00 Matěj Nytra: Um barn sem vildi ekki hafa þak yfir höfuðið (Caught Realities)

15:00 Studio Julian Hetzel: The Triumph of Desire over Reason

You have just entered the Slow TV Cinema it is dedicated to scattering your attention it is dedicated to slow down your bloodstream it is dedicated to washing the festival rush away it is dedicated to melting one's body one's attention one's gaze one's focus one's experience

it creates a shared space of no-shame binge-watching but it also creates a shared space for artists from various fields and realms of experience

we invite you to enjoy your time here to get lost in other's vision

we all will find you here

< Slow TV Cinema is accessible from Friday 15:30 till Saturday 16:00. It is possible to leave and re-enter the space at any point

< for those who want to sleep over, blankets are ready for your use

< between 00:00-08:00 the space is closed. To enter/exit, pay attention to the info signs with contact numbers placed by the entrance/exit doors

< the bar is situated on the balcony and is open both days; you can take your drinks to the main space. it is possible to bring and eat your own food

< from the beginning until the end of the event, the X10 theatre becomes a shared space; please consider your attention as a precious and valuable tool

< Y: Slow TV Cinema wants to create a safe and brave space. Be aware of other's needs and demands

< be aware of your own spectatorship experience; Y: Slow TV Cinema happens just now

16:00 - 17:00

iona&rineke

Preparations

Illness makes us slow down in ways we don't want to; we're sometimes unable to move or to go out of the house. Time moves differently when we are sick: hours loop in repetition, and at the same time, we experience countless feelings within the span of a minute. In this horizontal life, we slowly collect items to add to the world that is our bedroom: to feed us, distract us, heal us or comfort us.

An ultimate sickbed away from the institutions - hospitals and other professional illness-curing environments, where nature is present on every wall and in every waiting room; not alive, all plastic. iona&rineke is a writer-duo that makes researchbased art, mostly theatre and audio projects. They base their work on documentary input from the real world and transform this into a fictional universe, so their audience can look at contemporary issues from an unexpected, fantastic viewpoint. The past two years have been their Sick Years, in which they made several projects about health and illness.



Video: Iona Daniel & Rineke Roosenboom Business manager: Merel Hobrink

Agnese Krivade they have emptied out my shoulder

One hour of being in time in May 2024 in St. Gilles, Brussels. The body is a clock, emptied of intention, impacted by subtle changes of light and ambient sounds from the open window. It longs to enter the simplest dimension of being, tired of demands to communicate or represent, being at the rock bottom of a burn-out. Subtitles are a documentation of what appeared in the mind during that hour. As time passes, the body enters a silent struggle when realizing is the unknown "other" who witnesses the future. This body is not ready, and the eye of the future observer creates somatic resistance which finally resolves in acceptance and a wave. Agnese Krivade is a poet, a mover and a multidisciplinary artist from Riga, with a particular interest in somatics and the narratives of capitalism imprinted in the human body. She identifies as a fake healer, slow dancer and motivational speaker.



Body, text: Agnese Krivade Camera, colouring, sound: Kei Sendak Witness: Julien Bruneau

Dries Verhoeven

Gently Down the Stream

In a bicycle accident in the summer of 2024, Dries Verhoeven broke his hip socket. On the doctor's advice, he was to move very little; a wrong movement could have serious medical consequences. Thus, slowness naturally came his way. At his holiday residence in Italy, Dries tried to take inspiration from those who have mastered the art of patience, the animals and plants in the garden. Dries Verhoeven is a Dutch visual artist and theatre maker. He creates installations, performances and happenings in museums, on location and in the public spaces of cities. On the boundary between performance and installation art, he critically evaluates the relationships between the spectators, performers, everyday reality and art. The spectator is directly involved in the work or given the opportunity to steer his or her own experiences.



Thanks to: Sergio Rigoletto for sleeping

19:00 - 20:00

T.I.T.S. performance group Self-Love

An obsession with a little thing. The potential cliche dives into practising pleasure and self-love with a touch of suffering. The slow, the sensual, the repetitive, the calm - a way to experience oneself. Self-love is often celebrated as a foundation for mental well-being and healthy relationships, yet it inherently nurtures paradoxes. It encourages us to recognize our worth and prioritize our needs which can paradoxically lead to narcissism and self-absorption, where one's well-being surpasses empathy and consideration for others. T.I.T.S. is an independent performance group that explores the possibilities of hybrid theatre forms, blending choreography, play, sound, visual imagery, and body physicality. As an artistic leader Nela H. Kornetová initiates projects with her international team of collaborators, with themes that audiences can relate to instinctively.



Concept & performing: Nela H. Kornetová Video: Jan Husták Sound design: Tiny Falls

20:00 - 21:00

Kateř Tureček this is not fine

The slowest shutdown of the third most contaminating place in Europe. When the quarry gets closed, it is a crazy situation for many people. One and a half million people work in the power generation industry. They have their own life stories yet are part of this most toxic place. They are slowly dying and living at the same time. Mosaic and agency wiped me out because this is the reality and it is inside of me. this is not fine. Kateř Tureček is a multidisciplinary artist coming from the Moravian region of Slovácko, the town of Kyjov. In their practice, they use the medium of film, text, performance and installation to create forms tackling the contexts of personal identity, ethics, collectivity and pedagogics.



Acting: Charlotta Bill Jessica Adela cockroaches Support: speechgen.io elevanlabs.io ChatGPT freesounds.org Davinci resolve Credits: Lenka Juchelková, Barbora Sliepková, Petr Racek, Remízek, Sara Pinheiro, eastworks, Vojta Dubcová

lobbyboy&saab900turbo

Macocha EP was released in 2022. The B-shots of the video clip "three" from the EP open the world of nonheteronormative friendships, supportive sisterhoods, neighbours, friendhoods and all other kinds of relations. Non-used footage bridges the gap between the presentation and the joy of the actual moment of the joint creative process. lobbyboy&saab900turbo is a music project of the sculpture maker Erika Velická and audiovisual artist Kateřina Konvalinová. It is an atmospheric folk rap about love, sisterhood, desire, sadness and life in general.



Camera: Michal Blecha Editing: Kateřina Žák Konvalinová & Jiří Žák Sound: Honza Majer

22:00 - 0:00

Guiot Duermeijer The Social Wormhole

Relaxing and mind numbing at the same time: the paradox youngsters experience when scrolling through their social media.

Guiot Duermeijer is a playwright, theatre maker and musician from Utrecht, the Netherlands. In his performances and installations he unravels the innermost thought and feelings of youngsters that feel out of place or left behind. His work can be seen on festivals and in theaters throughout the Netherlands.



Performers [left to right]: Noura Al-Herbi, Silke van den IJssel, Julian van Buchem Thanks to: Reinout van Schie

23:00 - 00:00

Jānis Šneiders

Resonant Cavity

A flow of associations, a meditative journey through the states of water, seashell architecture, and precious spheres, with the themes of withdrawal and emergence. The film was inspired by Gaston Bachelard's Poetics of Space and Ernst Haeckel's seashell drawings. The process embraced slowness by getting pleasantly lost in the visual cortex. Jānis Šneiders is primarily recognized as a painter but identifies as a multidisciplinary artist who brings his ideas to life in whatever form they demand. His work delves into themes of semiotics, light and dark, and order and disruption, finding the magical in the mundane and always leaving room for mystery.



Thanks to: my mother Ilze Skaistkalne for lending me her seashell collection and driving me to the sea to film

Ernst Haeckel and Gaston Bachelard, who are long gone, for sparking the dream of exploring seashells as places

00:00 - 01:00

Oskar Helcel Study of Riding Shared E-Scooter no.4

A maximum-length ride on a shared e-scooter through the streets of Prague. An infrared camera attached to the e-scooter provides an inhuman experience, showing how the e-scooter perceives the city when driven by its user. Similar to how the Terminator navigates through the city centre with a single important mission—to generate cash capital for its operator. The cost of this ride was $\in 10$. Oskar Helcel is an audiovisual artist, photographer and performer. He graduated from the Department of Photography at FAMU, now spending his time researching the imprint of late capitalism into urban spaces. His topics are hence contemporary issues on the intersection of architecture, urbanism and sociology: developerisms, gentrification, privatisation of the common and actors who profit from these.



01:00 - 02:00

Venuri Perera

See You See Me 3.0

In order to evade unwanted attention from men while cycling in Colombo, I started covering my face in a ninja shawl. To further explore the experience of agency being visibly unidentifiable in public, I placed herself in a gallery, clad in a sari - the 'respectable' attire for local women. Playfully shifting positions amongst portraits of women in saris, I looked back at the visitors for 6 hrs and 3 days. During the pandemic, I took this exploration to the intimate and digital space in a 5-minute livestream from her laptop. "See You See Me 3.0" is an extension of this, where the play is with the shifting gaze of the camera. Venuri Perera is a choreographer, performance artist, curator, collaborator and educator based in Amsterdam. Exploring the power dynamics of visibility and opacity, she attempts to destabilise how we perceive the other. Her works deal with violent nationalism, patriarchy, immigration, colonial heritage and class. She works with found objects and is curious about space and place. She subverts frameworks of existing rituals to create alternate dramaturgies.



Dramaturgy: Nadya Bhimani Perera Videography: Shehan Obeysekera

02:00 - 03:00

Laura Stasane Sweet is the Ocean Breeze

Skomvær is the outermost island in the arctic Lofoten archipelago, exposed to winds and weather elements. When I arrived there, it was the first month of midnight sun, and the air had a sweet ocean smell. The winds were relentless and exhausting. On my outings I sometimes gave up on standing upright and instead fell to the ground, staying down on the rocks for longer periods, frozen like a lizard while winds were howling above me. Unwittingly, I measured the island with my body and it was a surprisingly tender encounter – the grass was soft, the rocks were warm, the horizon always in front of my eyes as a promise that nothing ever stops or ends, just goes on and on. Laura Stasane is currently doing an MA in Malmö Theatre Academy where she is researching and creating work on haunted landscapes and the ways we feel our presence in nature. She is originally from Riga where she was part of the performing arts festival Homo Novus for many years, working often with choreographic, site-specific and community projects. Since 2020 she has been engaged with the topic of domestic violence as an artist and activist, writing, talking and creating several performative works and a book in collaboration with other artists. She tries to follow her curiosity and take time to look at small things.



Thanks to: Røst AIR, Metropolis, Santa Remere, Skomvær island, the birds. RIP Zane

03:00 - 04:00

Jan Frič

Last Summer

The fundamental and tense debate with friends on a field work trip. The technology failed many times while preparing the set so slowing down accelerated. The incredibly long debate sustained the tempo of oddly peaceful fever. In the middle of the hot summer world in progress Tough. The end is close. Jan Frič is a Prague-based theatre director. He has worked on stages of various sizes - from the big institutions such as the National Theatre in Prague towards the free scene such as Theatre X10. Two years ago, he suspended his career due to the unsustainable overproduction tempo needed to financially survive in life and also in the Czech theatre field. Now, he is in search of a slowdown. He is a sleeping member of Společnost Dr. Krása [The Society of Dr. Krása].



Music: Mojmír Měchura Protagonists: Marek Cpin, Jan Frič, Marta Ljubková, Dragan Stojčevski Thanks to: Pavla Beretová, Jana Pidrmanová, Dagmar Fričová

04:00 - 05:00

alaa minawi **untold**

Between a diary and a fiction, some things are not shared. Put on a piece of paper and let yourself write for an hour. Whatever came to mind whether real or not was there. alaa minawi is a Dutch-Lebanese-Palestinian artist based between Amsterdam and Beirut. His work ranges between performing arts and installations. Within his works, he tackles subjects like belonging, presence, absence, arab-futurism, wars, traumas, and healing.



Writed and directed by: alaa minawi

05:00 - 06:00

Mailo Mēness

Saullēkts Nākotnē / Future Sunrise

Sun is making its way over the horizon in the Latvian city of the Future. Two bodies, later joined by the third one, act and interact in the early morning hours to give the otherwise useless steel bunker, surrounded by grain and sunflower fields, some well-deserved spotlight. Mailo Mēness is a Latvian-born performance artist currently based in Riga. They combine art and activism to talk about issues important to them, such as queer rights and queer/trans visibility, the vulnerability of the artist and the precarious worker, and animal welfare. Drawing on their own experience, they merge the lived and actual with the shades of humour.



Collaborators: Elīza Eikerte, Ieva Balode supporters: Gundega Evelone, Alise Šaburova, Laura Feldberga

06:00 - 07:00

Ikars G & Karu T day, today, to day

The concept of repetition, within dance, within learning, within our day-to-day. What do we stop for? What do we choose to look at again? Our days, no matter how fast we live them, are dependent on the speed of the sun. It makes its way across our sky inch by inch, yet we all take notice of its absence, creating falsified reflections to emulate it. We miss it, even when we don't notice that. Ikars G and Karu T are two green artists with a shared creative history, trying out different mediums and mixing forms of art with personal experiences.



Music: yosite (Matīss Urbanovičs) Performers: Evelīna Podziņa, Dārta Šķerberga, Elfa Elizabete Melbārzde, Sofija Ščaņicina, Jūlija Jančenko, Elizaveta Pudrova, Veronika Vilisova

07:00 - 08:00

Katrīna Rudzīte The Steps

A bodily experience; often unusual, clumsy or odd; this is a body which is sometimes held hostage by, but other times appears to be lightly present within a strange, uneven rhythm that keeps the feet and the heart connected to the earth. I, the author, carve out time space for what often doesn't belong. "The Steps" is an invitation to lie down, to dance or to walk in the marsh. Katrīna Rudzīte is a poet, publicist and activist. Currently, she is the president of PEN Latvia. Being both queer and disabled, she is specifically interested in how marginalized identities overlap with each other, forming one's unique social experience. She believes that all forms of social inequality are interrelated and stem from unjust power structures, hence an intersectional approach is needed to overcome them.



Thanks to: my partner Karīna Ješkina who helped me with putting this material together and with other practical things, as well as constantly encouraged me to keep filming and experimenting with my ideas.

08:00 - 09:00

вил Longing for the Sea

A music endurance walk from the Peace Palace to the North Sea in The Hague, Netherlands. Over the course of an hour, the physicalities of playing the instrument intensive and the change of scenery, create different perspectives on the audible experience. The traffic, the passersby, and the change of environment; it is all part of the score. Slow-changing movement creates its own narrative in a public space. The BUI Foundation is both a makers ensemble and a group of organisers committed to adventurous music and art in Utrecht, The Netherlands; all from a great need to celebrate the NOW. BUI is looking for a different perspective: a little less in tune with the everincreasing pace of the 21st century, but at their own rhythm in search of connection, wonder, and new creativity. BUI makes music performances in which they start a conversation with the place and moment where they play: the environment and its sounds become musical co-players.



Performers: Elsa van der Linden, Mees Siderius Videography and editing: Luc Wittebol Productional assistance: Vos Arends

09:00 - 10:00

Dzintars Krūmiņš

Lazy Day

A group of people has come to Jūrkalne - the high coast of the Baltic Sea (Stāvkrasts) to spend a lazy day. Life on the beach is quiet, distant and imperceptible, the only thing that impresses the vacationers of the 20-meter-high shore is the sound of the sea, a light wind and the sudden appearance of a kite and other flyers. Dzintars Krūmiņš is a teacher of classical 2D animation at NMV Janis Rozentāls School of Art, a teacher of 2D computer studies at the Latvian Art Academy, leads animation master classes for children. From 1991 to 2011, he worked in the animation film studio "Dauka" as an animator, director and artist. As an animation artist, Dzintars has participated in cinema and video projection productions of various concerts, shows and exhibitions. As an actor, he has participated in the Ansis Rūtentāls Movement Theater.



10:00 - 11:00

Bára Bažantová & Adam Smrekovský Play the Fiddle

Time is nowhere as slow as here.

The Odolov Prison, situated in the beautiful and forgotten region of the Podkrkonoší, offers its clients a very specific activity. Under the guidance of the leisure time teacher Mr Zdeněk Hetflejš, in the wood-modelling workshop here, besides toys, musical instruments are also created - specifically violins, violas and the master's invention, the world's unique violoids. Bára Bažantová is an artist and writer. In her life (and artistic) practice, she uses the genre of magical realism to deal with the topics of poverty, autonomy/anticapitalism, addiction, social exclusion and life on the edges of society.

Adam Smrekovský works with the medium of moving images and film narration with bounds towards DIY culture and experimental film composition. His films use absurd humour; he often cast real outsiders - living on the edges of society, miles away from the dingy yet still attractive polish of art decadence.



Film by Bára Bažantová and Adam Smrekovský Protagonists: Juraj Balog, Zdeněk Hetflejš, Radek Jireček, Radek Pešek, Mgr. David Smetana, Bc. Pavel Staněk, PhDr. Gabriela Šafářová, MBA, Miroslav Šlechta, Mgr. Daniel Vinkler Editing: Adam Smrekovský Sound: Martin Hurych

11:00 - 12:00

Shar&Kiek

The curious, meditative process of laminating. Paper, held between two sheets of soft plastic, is fed into a laminator. The machine heats the plastic to its melting point and presses down. As it leaves the machine, the plastic hardens, sealing the paper within. Normally, once a paper is inserted into the machine, it isn't paid any attention until emerges till the process is complete. Yet, if you sit down, slow down, and just look, you'll see that every sheet has a story to tell. Shar&Kiek is a Netherlands-based duo of two performance artists interested in exploring the intricacies behind everyday concepts through movement, rhythm, and the creation of immersive atmospheres. They transform existing, regular spaces into layered, rich environments through the delicate use of soundscapes, light installations and visuals. Spectators are invited to step away from their preconceptions about life, to be surprised and stimulated by performances that invite them to engage with the familiar in an entirely unfamiliar way.





Thanks to: Common Frames, for providing us with filming equipment.

Tamara Moyzes & Shlomi Yaffe

Goddes Lacteria: Visualizing Scholar Voices

Part 1: The Status of Migrant Women in the Czech Republic, Part 2: Environmental Injustice: The Inaccessibility of Water in Roma Settlements

A visualiser of academic anthropological texts aiming to advance society and build social bridges. These texts, often filled with statistics and research data, are difficult for uninitiated viewers to read. The texts are made accessible by enriching them with auditory and visual stimuli. The goal is to change viewers' awareness for even a few minutes of this experience. The visual concept involves filming objects from the "Lactism" project on a turntable, originally for sound creation but repurposed for image creation. All visual elements relate to academic texts and the "Lactism" project, promoting environmental justice.



Tamara Moyzes and Shlomi Yaffe are politically engaged artists living in Prague. They founded together the interdisciplinary space Artivist Lab and in their work, they address topics such as gender, racism, discrimination against ethnic minorities, nationalism, religious conflicts, and orientalism. Moyzes and Yaffe believe art is a form of protest that should reveal social conditions through direct artistic actions.

The exhibition objects were created in collaboration with the artists

Jakub Rajnoch and Jan Mucska © 2046

Music: Aneta Kováčová

Singer: Aneta Kováčová a Pavlína Matiová

Part 1: Voice-over, audio recording, and editing: Sonja Vectomov

Part 2: Voice-over: Tran Hong Van

Part 2: Audio recording and correction: Studio Wombat

Camera, Concept, Audio and video editing: Tamara Moyzes & Shlomi Yaffe

Part 1 text: "The Situation of Migrant Women in the Czech Republic" by Eva Čech Valentová

Part 2 text: "Sanitation Infrastructure at the Systemic Edge: Segregated Roma Settlements and Multiple Health Risks in Slovakia" by Richard Filčák and Daniel Škobla

The Lacteria Goddess was created by a collective of women: Maayan Sheleff, Věra Duždová Horváthová, Hannan Abu Hussein, Osher Kasa, Lee He Shulov, MIchal Mendelboim, Tran Hong Van, Trương Thu Thủy, Lea Mauas, Noa Pardo, Liora Lupian, Rosa Andraschek. Partners: Anna Lindh Foundation, Czech Centre Tel Aviv, Slovak Institute Jerusalem, H&H Friedmann, Aritivis Lab, Kampus Hybernská, Farm IMAADAMA, Kavárna Hlína, Uneventful records

13:00 - 14:00

Kirils Ēcis & Guna Zariņa Es Šodien Neko Neizdarīju / I Did Nothing Today

In 1888, this barn was built from boulders by our great-grandfather, who spent his life working tirelessly in the surrounding fields. Later, his granddaughter was mentioned briefly in a Soviet newspaper, praised as one of the oldest farmers in the region, tending to the cows from morning until noon. They were people valued for their capacity to work away their lives.

Now, our summer life here is slow. We peacefully watch the flowers as they sprout and bloom, and die. We watch the lettuce grow, take our time to cook it, and eat in silence as our gaze wanders over the landscape, trying to discern whether it's a roe deer or cranes in the meadow. We do our best not to think about work. Yet, in the middle of summer, anxiety sets in, raising the question—Is the summer being well spent? I stumble over this all day. And maybe that's enough. Today, I've done nothing again.

Guna Zariņa is a theatre and film actress, deviser and lyricist of plays, and teacher of acting.

Kirils Ēcis is a poet and a member of the band "ALEJAS". He lives and works between Riga and Vienna.



Credits: Reinis Žodžiks, Luīze Nežberte, Renāte Kokarēviča Matěj Nytra

Um barn sem vildi ekki hafa þak yfir höfuðið (caught realities)

Byung-Chul Han speaks about the crisis of narration. And not only that. The overwhelming events among us allow almost no breathing space, and we each feel, in our own way, how to strengthen or weaken the signal of our own internet of caught realities. Who is asking (whom)? Who is the actor and where do we lose ourselves (if we want to)? ... I see a networked stream. The sunset of linearity. In the encounter, the gaze, the code, gives up on the under-building of anthropoids, goes to animals and others, and returns to pinning down those playing. ... The levels are arrhythmic. Some relationships are tighter, while others just peek out. This is a research, retro-video, that exposes the indecision in the time trace of being as the oppositional of the possibilities to experience slowness.

Matěj Nytra is an interdisciplinary artist based in Brno and Prague, Czech Republic, who spends his energy in collaborative formats and practices. He is mostly engaged in creations and tasks in the range of performance audiovisual art. His ideal aim is the spiritual and surreal perception of the web of relationships in existence.



Thanks to: Štěpán Baar, Veronika Vlková, Martin Pavol Repka and others

15:00 - 16:00

Studio Julian Hetzel The Triumph of Desire Over Reason

The contradictions of success. Five competitors race against the time and against all logic. Ready, set, go!

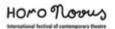
Julian Hetzel is an artist and performance maker. He develops works along the intersection of theatre, music and media that have a political dimension and a documentary approach. He is the artistic director of Studio Julian Hetzel, a Utrecht-based organisation that realises "un-disciplinary" works for theatres, galleries, the public space or the internet. Diarrhea is his favourite colour.



Concept & Sound design: Julian Hetzel Camera & editing: Reynold Reynolds Music: Aengus Havinga Thanks to: all participants and the garden park Ons Lustoord Y: Slow TV Cinema is a coproduction project between X10 Theatre, Homo Novus and New Theatre Institute of Latvia, and SPRING Utrecht.

It is part of the Y Event Series - an experimental dramaturgy line of X10 Theatre, focusing on the edges of performing arts and their intersections with the white cube or club practices - such as video, installation, sound, concert or party.













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